Erythema Multiforme-Like Bullous Pemphigoid

Penfigoide ampolloso tipo eritema multiforme

To the Editor:

Bullous pemphigoid (BP) is the most common chronic autoimmune subepidermal bullous dermatosis, occurring mainly in the elderly. It is characterized clinically by a pruritic polymorphous skin rash that typically arises on the abdomen, the flexor surfaces of the limbs, the neck, axilllas, and groin. Initially the lesions are often excoriated, erythematous, eczematous, and/or urticarial. Blisters usually then develop on normal or erythematous skin, giving rise to crusted erosive areas that heal without scarring. The diagnosis is confirmed by the demonstration of deposits of immunoglobulin (Ig) G or of the C3 component of complement on the epideral basement membrane, and the presence in the serum of circulating IgG antibasement membrane zone antibodies against antigens BP-180 and BP-230. Numerous variants of BP have been described, with a broad spectrum of clinical manifestations.1-3

A 32-year-old woman, with skin phototype VI, with no personal or family history of interest, was seen in dermatology outpatients for the appearance of a highly pruritic, widespread skin rash that had developed 3 weeks earlier. The patient was not taking any medication or using topical products, had not been sunbathing, and reported no associated systemic symptoms.

On physical examination, she presented a good general state of health. Examination of the skin revealed multiple well-defined, confluent, edematous erythematous plaques with centrifugal growth, with tense peripheral vesicles and blisters containing a clear fluid, producing a polycyclic, annular morphology (Fig. 1, A and B). The skin lesions affected the face, neck, trunk, and limbs, including the dorsum of the hands and feet. No lesions were observed on the palms, soles, mucosas, nails, or scalp. The Nikolsky and Asboe-Hansen signs were negative.

Laboratory tests including routine biochemistry, urinalysis, coagulation studies, antinuclear antibodies, antitransglutaminase antibodies, serum electrophoresis, and immunoglobulin and complement levels were normal or neg-


Figure 1 A, Annular and polycyclic erythematous plaques with tense peripheral blisters on both thighs. B, Detail of the same lesions.
on the epidermal side, at a titer of 1:80. Autoimmune studies were positive for circulating antibasement membrane antibodies against antigens BP-180 and BP-230 detected using the immunoblot technique on the patient’s serum mixed with human epidermal extracts. Other antibodies studied (Sm, RNP, Ro, La, Scl-70, Jo-1, DnAd, antidesmogleins, collagen VI, antidesmocollins) were negative.

With a diagnosis of BP, treatment was initiated with oral prednisone, 90 mg/d (1.5 mg/kg/d), combined with azathioprine, 100 mg/d. Two weeks after starting treatment, the patient presented a progressive clinical improvement, and the dose of prednisone was gradually reduced. At the 6-month follow-up, the patient was stable, with no clinical recurrence, and remained on treatment with prednisone, 20 mg/d, and azathioprine, 100 mg/d; residual postinflammatory hyperpigmentation and milia-like cysts were observed.

The cutaneous manifestations of BP can be atypical and highly polymorphous, and may or may not include the tense blisters characteristic of this entity. A number of atypical presentations have been described: nonbullous, papular, eczematous, nodular, vesicular, annular, erythema-like, erythema multiforme-like, erythrodemich, dyshydrosiform, vegetative, lichen planus pemphigoides, infantile, physical agent-induced, drug-induced, and localized (pretibial, vulvar, peristomal, umbilical, postradiotherapy, paralyzed-limb).

Erythema multiforme-like BP is a rare variant, with only 8 cases reported in the literature (Table 1), including 5 women and 3 men aged between 16 and 80 years. Suspected triggering factors include orf virus infection, furosemide, citalopram, thioridazine, flupentixol, amoxicillin, and penicillin. Lesions have been most common on the trunk and flexor surfaces of the limbs, although they can arise on any area of skin, including the palms and soles and the mucosae. The clinical findings in all cases included manifestations of erythema multiforme and bullous pemphigoid, and the diagnosis was confirmed by the immunopathology findings.

Our case was unusual, with early cutaneous manifestations suggestive of erythema multiforme, with centrifugally enlarging erythematous plaques on acral areas and on the extensor surfaces of the limbs, associated with focal histologic changes at the interface and subepidermal edema.

BP must be considered in the differential diagnosis in patients with a diffuse erythema multiforme-like skin rash who develop erythematous or urticarial plaques with peripheral blisters, producing an annular or polycyclic morphology. A high level of clinical and histologic suspicion is required. The diagnosis is confirmed by positive direct and indirect immunofluorescence.
Table 1  Description of the Published Cases of Erythema Multiforme-like Bullous Pemphigoid.

<table>
<thead>
<tr>
<th>Sex</th>
<th>Age, y</th>
<th>Suspected Etiologic Factor</th>
<th>Site of the Lesions</th>
<th>Mucosal Involvement</th>
<th>Involvement of the Palms and Soles</th>
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</thead>
<tbody>
<tr>
<td>Female</td>
<td>36</td>
<td>Orf virus</td>
<td>Trunk, limbs</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Female</td>
<td>80</td>
<td>Amlodipine</td>
<td>Trunk, limbs</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Female</td>
<td>80</td>
<td>Furosemide</td>
<td>Face, neck, flexor surface of the limbs, trunk Extensor surface of the limbs, back, buttocks Flexor surface of the limbs, neckline</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Male</td>
<td>72</td>
<td>None</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Female</td>
<td>73</td>
<td>Citalopram</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Male</td>
<td>23</td>
<td>Amoxicillin</td>
<td>Face, neck, trunk, limbs</td>
<td>Yes (oral, nasal, anogenital, ocular)</td>
<td>Yes</td>
</tr>
<tr>
<td>Male</td>
<td>16</td>
<td>Penicillin G procaine</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Female</td>
<td>50</td>
<td>Penicillin</td>
<td>Yes</td>
<td>Yes</td>
<td>Yes</td>
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</tbody>
</table>

References


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Sclerosing Nevus With Pseudomelanomatous Features: A Case Report

Nevus esclerosante con rasgos seudomelanomatosos

To the Editor:

In 2008, Giuseppe Fabrizi et al.1 were the first to describe a subgroup of lesions with distinct histopathologic characteristics among all the melanocytic nevi excised for clinical regression; these lesions were given the name of sclerosing nevus with pseudomelanomatous features (SNPF).

We present the case of a 44-year-old woman who was seen for persistent pruritus in the area of a nevus on her back. The variegated maculopapular lesion measured approximately 1 cm in diameter and had irregular borders. On dermoscopy, an atypical globular pattern and a negative network were observed, with red, white, and occasional bluish areas (Fig. 1).

The lesion was evaluated using reflectance confocal microscopy (RCM), which showed marked destructuring of the epidermis, with irregularly shaped keratinocytes instead of the typical honeycomb or cobbled appearance, the presence of pagetoid cells with a multifocal distribution and dendritic morphology, a loss of bright rings, the absence of a defined pattern at the dermoepidermal junction, the