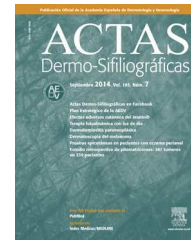


# ACTAS Derma-Sifiliográficas

Full English text available at  
[www.actasdermo.org](http://www.actasdermo.org)



## ORIGINAL ARTICLE

# Dermoscopic Findings for the Early Detection of Melanoma: An Analysis of 200 Cases<sup>☆</sup>



C. Ciudad-Blanco,<sup>a,\*</sup> J.A. Avilés-Izquierdo,<sup>a</sup> P. Lázaro-Ochaita,<sup>b</sup> R. Suárez-Fernández<sup>a</sup>

<sup>a</sup> Servicio de Dermatología, Hospital General Universitario Gregorio Marañón, Madrid, Spain

<sup>b</sup> Servicio de Dermatología, Hospital La Zarzuela, Madrid, Spain

Received 19 August 2013; accepted 29 January 2014

Available online 26 July 2014

### KEYWORDS

Melanoma;  
Dermoscopy;  
Epiluminescence  
microscopy.

### Abstract

**Introduction:** Dermoscopy is a complementary technique that has led to major advances in the diagnosis of pigmented skin lesions. The aim of this study was to describe the dermoscopic features of a series of melanomas and analyze the differences between melanomas in situ and invasive melanomas.

**Material and methods:** We retrospectively recorded epidemiological, clinical, histologic, and dermoscopic features of a series of 200 primary melanomas. We performed a descriptive and analytical study of the dermoscopic features identified.

**Results:** The mean age of the patients was 63 years and there was a similar distribution of male and female patients. The most common histologic subtypes were superficial spreading melanoma (62.5%) and lentigo maligna (25.5%); 67% of the melanomas had a Breslow thickness of less than 1 mm and 24.5% were melanomas in situ. Overall, the most common global dermoscopic features were the multicomponent pattern (33.5%), the reticular pattern (18%), and the nonspecific pattern (15.5%). The most common local features were structureless homogeneous areas (67.5%), white-blue structures (58%), an atypical pigmented network (55.5%), and irregularly distributed dots and globules (44%). The following features were more common in invasive melanomas than in melanomas in situ: blue, gray, red and white colors, multicomponent and homogeneous patterns, dots and globules, blue-white structures, homogeneous areas, a blue-white veil, white shiny structures, a reverse pigment network, and milky-red areas. The reticular pattern was more common in melanomas in situ.

**Discussion:** The use of dermoscopy has contributed to the early diagnosis of melanoma. The most common dermoscopic features of melanoma are multiple structures and colors (multicomponent pattern), an atypical reticular pattern (with wide, irregular meshes), and an absence of distinguishing features (nonspecific pattern) associated with the presence of vascular structures.

**Conclusions:** Dermoscopy facilitates the diagnosis of melanoma and could be useful for differentiating between melanoma in situ and invasive melanoma.

© 2013 Elsevier España, S.L.U. and AEDV. All rights reserved.

<sup>☆</sup> Please cite this article as: Ciudad-Blanco C, Avilés-Izquierdo JA, Lázaro-Ochaita P, Suárez-Fernández R. Hallazgos dermoscópicos para la detección precoz del melanoma. Análisis de 200 casos. Actas Dermosifiliogr. 2014;105:683–693.

\* Corresponding author.

E-mail address: [cristinaciudadblanco@gmail.com](mailto:cristinaciudadblanco@gmail.com) (C. Ciudad-Blanco).

**PALABRAS CLAVE**

Melanoma;  
Dermatoscopia;  
Microscopia de  
epiluminiscencia

## Hallazgos dermosc6picos para la detecci3n precoz del melanoma. An6lisis de 200 casos

### Resumen

**Introducci3n:** La dermatoscopia es una t6cnica complementaria que ha supuesto un gran avance en el diagn3stico de las lesiones pigmentadas. El objetivo del presente trabajo es describir las caracteristicas dermosc6picas de una serie de melanomas y analizar las diferencias entre los melanomas *in situ* y los melanomas invasivos.

**Material y m6todos:** Se obtuvieron de forma retrospectiva los datos referentes a las caracteristicas epidemiol3gicas, cl6nicas, histol3gicas y dermosc6picas de una serie de 200 melanomas primarios. Se realiz3 un estudio descriptivo y analitico de las variables dermosc6picas.

**Resultados:** La edad media de los pacientes fue de 63 a1os, con una distribuci3n similar por sexos. Los tipos histol3gicos m6s frecuentes fueron el melanoma de extensi3n superficial (62,5%) y el lentigo maligno (25,5%). El 67% de los melanomas tuvieron un 6ndice de Breslow menor de 1 mm y un 24,5% fueron melanomas *in situ*. Los patrones dermosc6picos globales m6s frecuentes fueron el multicomponente (33,5%), el reticular (18%) y el inespec6fico (15,5%). Las estructuras dermosc6picas m6s frecuentes fueron las 6reas homog6neas desestructuradas (67,5%), las estructuras blanco-azuladas (58%), el ret6culo pigmentado at6pico (55,5%) y los puntos y gl3bulos de distribuci3n irregular (44%). Los colores azul-gris, rojo y blanco, los patrones multicomponente y homog6neo, los puntos y gl3bulos, las estructuras blanco-azuladas, las 6reas homog6neas, el velo azul-blancuecino, las estructuras blancas brillantes, el ret6culo invertido y las 6reas rojo lechosas fueron m6s frecuentes en los melanomas invasivos que en los melanomas *in situ*. El patr3n reticular fue m6s frecuente en los melanomas *in situ*.

**Discusi3n:** El uso de la dermatoscopia ha contribuido al diagn3stico precoz del melanoma. Los datos dermosc6picos m6s frecuentes en el melanoma son la presencia de m6ltiples estructuras y colores (patr3n multicomponente), un patr3n reticular at6pico con una red ensanchada e irregular y la ausencia de criterios dermosc6picos (patr3n inespec6fico) asociada a la presencia de estructuras vasculares.

**Conclusiones:** La dermatoscopia facilita el diagn3stico de melanoma. Podr6a tener utilidad para diferenciar los melanomas *in situ* de las formas invasivas.

© 2013 Elsevier Espa1a, S.L.U. y AEDV. Todos los derechos reservados.

## Introduction

Pigmented lesions are a common reason for consultation in routine clinical practice, and the number of patients consulting for these lesions has multiplied in recent years thanks to melanoma prevention campaigns and other factors. Melanoma *in situ* has a better prognosis than invasive melanoma, and therefore early diagnosis results in longer survival and lower morbidity and mortality. The ABCD (Asymmetry, Border irregularity, Color, Diameter) algorithm or rule has been used in clinical practice for years,<sup>1</sup> but it is not adequate for pigmented lesions and does not always distinguish between melanocytic and nonmelanocytic lesions. Furthermore, it is not always reliable in the evaluation of small lesions.<sup>2</sup> Dermoscopy, which is a widely used, cheap, and simple technique, has led to enormous advances in the diagnosis of pigmented skin lesions. Dermoscopes are equipped with a conventional or polarized light source that allows lesions to be studied at a higher magnification and are associated with a 10% to 30% improvement in diagnostic accuracy in clinical settings.<sup>3,4</sup> The aim of the current study was to describe the dermoscopic features of a series of melanomas and determine which features are associated with melanomas *in situ* and which are associated with invasive melanomas.

## Material and Methods

We performed a retrospective study of 200 primary cutaneous melanomas diagnosed at the dermatology department of Hospital General Universitario Gregorio Marañ3n in Madrid, Spain; all the tumors had been examined by dermoscopy prior to surgical excision between January 1, 2007 and December 31, 2009. The diagnosis was confirmed by histology in all cases. The preoperative diagnosis was established using both clinical criteria (ABCD rule) and dermoscopic criteria, using the standardized two-stage diagnostic procedure proposed by the virtual Consensus Net Meeting on Dermoscopy.<sup>5</sup> All the dermoscopic images were taken using the DermLite dermoscope (magnification ×10) and evaluated by 2 operators (CCB and JAAI). Note was also taken of epidemiological characteristics (patient sex, age), clinical features (skin phototype and size and location of the melanoma), and histologic features (subtype, Breslow thickness, and Clark level).

## Statistical Analysis

We performed a descriptive study of the dermoscopic features of the melanomas analyzed and investigated their

association with epidemiological, clinical, and histologic variables. The  $\chi^2$  test was used to test for associations between qualitative variables. When this was not possible (i.e., for variables with few cases), we simply examined correlations to test for possible differences. Statistical significance was set at a *P* value of less than .05. The data were analyzed using descriptive and analytical techniques in SPSS, version 13.0 for Windows.

## Results

### Epidemiological, Clinical, and Histologic Features

The epidemiological, clinical, and histologic features are summarized in Table 1.

### Dermoscopic Features

The most common global dermoscopic features were the multicomponent pattern (33.5%), the reticular pattern (18%), the nonspecific pattern (15.5%), and the homogeneous pattern (7%) (Table 2 and Fig. 1). The other dermoscopic features identified are shown in detail in Table 2 and Fig. 2. The specific dermoscopic features of lentigo maligna melanoma (LMM) are shown in Table 3.

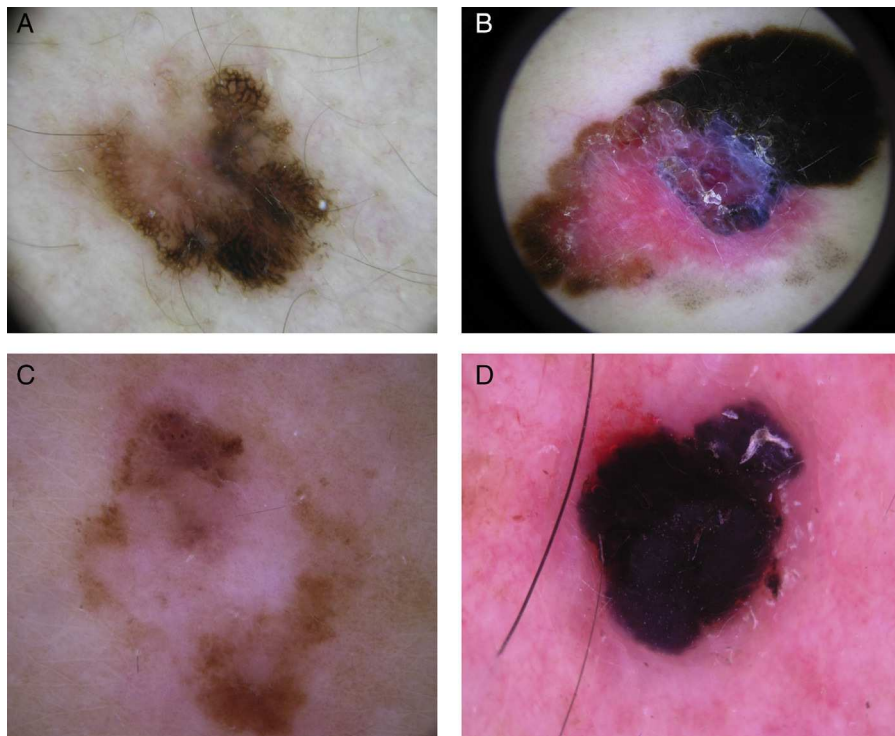
Table 4 shows the association between epidemiological, clinical, histologic, and dermoscopic features of the melanomas by histologic subtype. In the case of acral melanomas, it is worth noting that we observed a parallel crest pattern in lesions on the soles of the feet and a linear irregular pattern in lesions affecting the nail. Several features were more common in invasive melanomas than in melanomas in situ (*P* < .05), namely, blue, gray, red and white colors, the multicomponent and homogeneous or structureless patterns, irregularly distributed dots and globules, blue-white structures, a blue-white veil, white shiny structures, a reverse pigment network, and milky-red areas (Table 5). The reticular pattern and the characteristic asymmetrically pigmented follicular openings seen in lentigo maligna melanoma were significantly more common in melanomas in situ than in invasive melanomas (*P* < .05).

## Discussion

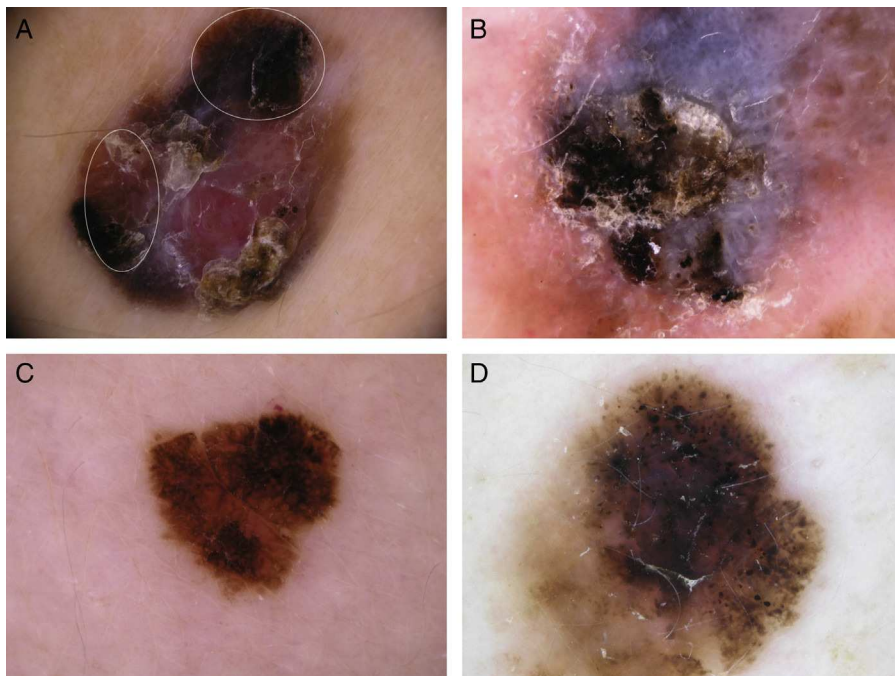
The diagnosis of thin melanomas (<1 mm) has increased in recent years, probably partly due to the combined effects of melanoma prevention campaigns and the use of dermoscopy.<sup>6-8</sup> Melanomas tend to have multiple colors, with most lesions showing 3 or more colors when examined by dermoscopy.<sup>9</sup> The multicomponent pattern is the most common dermoscopic feature described in most studies of melanoma.<sup>10-12</sup> This pattern has the strongest association with melanoma (odds ratio of 4.3) and the detection of different colors and structures should therefore alert to a possible diagnosis of malignancy.<sup>5,10-14</sup> The reticular pattern in melanomas is an atypical pattern, with a broad, irregular mesh, typically seen at the periphery of the lesion. Subtle changes in the characteristics of the pigment network can help to establish a diagnosis of early-stage melanoma.<sup>15</sup> Melanoma should also be suspected when faced with a

**Table 1** Epidemiological, Clinical, and Histologic Features.

	No.	%
<b>Sex</b>		
Female	110	56.4
Male	85	43.6
<b>Skin phototype</b>		
I	0	0
II	152	78
III	43	22
IV	0	0
<b>History of sunburn</b>		
Yes	116	59.5
No	79	40.5
<b>Tumor site</b>		
Scalp	10	5
Face	52	26
Neck	5	2.5
Chest	10	5
Abdomen	10	5
Back	53	26.5
Upper extremities	20	10
Palms	0	0
Lower extremities	26	13
Soles	8	4
Nails	3	1.5
Genital mucosa	2	1
Oral mucosa	1	0.5
<b>Histologic subtype</b>		
Superficial spreading melanoma	125	62.5
Lentigo maligna melanoma	51	25.5
Nodular melanoma	10	5
Acral lentiginous melanoma	8	4
Animal-type melanoma	2	1
Desmoplastic melanoma	1	0.5
Not specified	3	1.5
<b>Tumor thickness</b>		
<i>Breslow thickness</i>		
Melanoma in situ	49	24.5
< 1 mm	85	42.5
≥ 1 and < 2 mm	32	16
≥ 2 and < 4 mm	27	13.5
> 4 mm	7	3.5
<b>Clark level</b>		
Clark I	49	24.5
Clark II	43	21.5
Clark III	34	17
Clark IV	64	32
Clark V	10	5
<b>Histologic ulceration</b>		
Yes	12	6
No	188	94
<b>Associated nevus</b>		
Yes	20	10
No	180	90



**Figure 1** Global dermoscopic patterns. A, Superficial spreading melanoma with a Breslow thickness of 0.5 mm showing a reticular pattern. B, Superficial spreading melanoma with a Breslow thickness of 2.4 mm showing a multicomponent pattern. C, Superficial spreading melanoma with a Breslow thickness of 1.7 mm and a nonspecific pattern showing asymmetrical structures. D, Nodular melanoma with a Breslow thickness of 2.3 mm showing a homogeneous pattern.



**Figure 2** The most common dermoscopic features in the melanomas in our series. A, Structureless, homogeneous pigment areas at the periphery of the lesion (ovals). B, White-blue structures and homogeneous pigment areas. C, Thick, irregular atypical pigment network. D, Multiple irregularly distributed dots and globules.



**Table 2** Dermoscopic Features of Melanomas in our Series.

Dermoscopic Structure	No.	%
<i>Color</i>		
Black	178	89
Dark brown	186	93
Light brown	173	86.5
Blue-gray	135	68
White	54	27
Red	59	29.5
<i>Pattern</i>		
Reticular	36	18
Multicomponent	67	33.5
Nonspecific	31	15.5
Homogeneous	14	7
Starburst	5	2.5
Globular	4	2
Parallel	4	2
<i>Pigmented network</i>		
Typical	3	1.5
Atypical	111	55.5
<i>Dots and globules</i>		
Regular	0	0
Irregular	88	44
<i>Projections</i>		
Regular	2	1
Irregular	24	12
<i>Pigment stains</i>		
Central	75	37.5
Peripheral	25	12.5
<i>White-blue structures</i>		
Present	116	58
Absent	84	42
<i>White scarring</i>		
Present	39	19.5
Absent	161	80.5
<i>Blue-white veil</i>		
Present	44	22
Absent	156	78
<i>Homogeneous areas</i>		
Present	75	37.5
Absent	125	62.5
<i>White shiny structures</i>		
Present	22	11
Absent	178	89
<i>Reverse pigment network</i>		
Present	19	9.5
Absent	181	90.5
<i>Vessels</i>		
Linear irregular vessels	36	18
Dotted vessels	17	8.5
Hairpin vessels	8	4
Comma vessels	6	3
Corkscrew vessels	6	3
Glomerular vessels	1	0.5
Arborizing vessels	1	0.5
Milky-red areas	52	26

**Table 3** Dermoscopic Features of Lentigo Maligna Melanoma.

Dermoscopic Features	No.	%
Asymmetric follicular openings	23	45.1
Blue-gray dots and globules	31	60.8
Annular-granular pattern	24	47.1
Rhomboidal structures	25	49
Homogeneous areas	21	41.2
Isobar structures	13	25.5
Increased vascular network	21	41.2
Reddish rhomboidal structures	10	19.6
Darker lesion by dermoscopy	11	21.6

nonspecific pattern (absence of dermoscopic features) combined with red colors or multiple vascular structures. The nonspecific pattern has been observed in between 7% and 15% of melanomas, depending on the series.<sup>10,16</sup> Lesions exhibiting this pattern should be excised for histologic examination.

Homogeneous areas were the most common dermoscopic feature in our series of melanomas, and have been described in between 65% and 80% of melanomas in other series.<sup>10,12</sup> They are areas of diffuse pigmentation, with no other identifiable structures. The distribution of these structureless areas is important, as a regular diffuse distribution is associated with benign melanocytic lesions, while an irregular, focal distribution is more characteristic of malignant lesions.<sup>5,10,11</sup>

In our series, white-blue structures were more common in invasive melanomas than in melanomas in situ. These structures correspond to regression areas and are frequently associated with melanoma, although they may also be seen in certain benign lesions with regression. Most experts, however, recommend the excision of lesions with white-blue structures occupying over 10% of the tumor area.<sup>17-20</sup>

The pigment network is the most characteristic dermoscopic feature of melanocytic lesions.<sup>5</sup> The thickness of the network lines, together with size and spacing of the mesh holes, helps to differentiate between the typical pigment network (thin, uniformly spaced mesh) seen in benign melanocytic lesions, such as junctional nevi and solar lentiginos, and the atypical pigment network (thick, prominent lines and irregular holes) seen in malignant melanocytic lesions. The atypical pigment network was observed in over 50% of melanomas in our series, which is very similar to previously reported rates.<sup>10,12</sup> The atypical network is the most common dermoscopic finding in melanomas in situ, and is key for the diagnosis of very early stage melanoma. Slight changes in the pigment network of thin melanomas can be the first dermoscopic sign of a possible diagnosis of melanoma.<sup>15</sup>

Irregularly sized and distributed dots and globules are observed by dermoscopy in up to 44% of melanomas, but all the dots and globules in our series had a uniform size and distribution. These irregular structures are observed in both benign and malignant melanocytic lesions, and their distribution (regular or irregular), location (in the center or at the edge of the lesion), and color all play an important role in determining the nature of the lesion.<sup>11,12</sup>

**Table 4** Epidemiologic, Clinical, Histologic, and Dermoscopic Features of Melanoma by Histologic Subtype.

	Superficial Spreading Melanoma, % (No.)	Lentigo Maligna Melanoma, % (No.)	Nodular Melanoma, % (No.)	Acral Lentiginous Melanoma, % (No.)
<b>Sex</b>				
Male	68.3 (56)	19.5 (16)	8.5 (7)	3.7 (3)
Female	61.6 (69)	31.3 (35)	2.7 (3)	4.5 (5)
<b>History of sunburn</b>				
Yes	63.2 (79)	62.7 (32)	50 (5)	0
No	36.8 (46)	31.3 (19)	50 (5)	100 (8)
<b>Tumor site</b>				
Head and neck	10.4 (13)	96 (49)	20 (2)	0
Trunk	55.2 (69)	2 (1)	30 (3)	0
Extremities	32 (40)	2 (1)	50 (5)	100 (8)
<b>Breslow thickness</b>				
≤ 1 mm	69.6 (87)	82.3 (42)	0	37.5 (3)
> 1 mm	31.4 (38)	17.7 (9)	100 (10)	62.5 (5)
<b>Breslow thickness</b>				
< 1 mm	71.2 (89)	82.4 (42)	0	37.5 (3)
≥ 1 and < 2 mm	20 (25)	9.8 (5)	10 (1)	12.5 (1)
≥ 2 and < 3 mm	6.4 (8)	5.9 (3)	30 (3)	12.5 (1)
≥ 3 and < 4 mm	3.4 (3)	0	40 (4)	0
> 4 mm	0	2 (1)	20 (2)	37.5 (3)
<b>Colors, No.</b>				
≤ 2	9.6 (12)	39.2 (20)	30 (3)	37.5 (3)
> 2	90.4 (113)	60.8 (31)	70 (7)	62.5 (5)
<b>Global pattern</b>				
Reticular	28 (35)	0	0	0
Globular	3.2 (4)	0	0	0
Homogeneous	4.8 (6)	0	40 (4)	0
Starburst	4 (4)	0	0	0
Parallel	0	0	0	60 (3)
Multicomponent	46.4 (58)	6 (3)	30 (3)	25 (2)
Nonspecific	14.4 (18)	15.7 (8)	30 (3)	25 (2)
<b>Dermoscopic structures</b>				
Atypical network	82.4 (103)	0	20 (2)	0
Irregular dots	61.6 (77)	7.8 (4)	40 (4)	25 (2)
Irregular projections	16.8 (21)	2 (1)	0	0
Irregular pigment	36 (45)	3.9 (2)	10 (1)	12.5 (1)
Blue structures	70.4 (80)	21.6 (11)	90 (9)	50 (4)
White areas	25.6 (32)	9.8 (5)	20 (2)	0
Homogeneous areas	45.6 (57)	15.7 (8)	60 (6)	12.5 (1)
Blue veil	25.6 (32)	3.9 (2)	70 (7)	0
White shiny structures	16 (20)	0	10 (1)	0
Reverse network	14.4 (18)	0	10 (1)	0
Milky-red areas	28.8 (36)	15.7 (8)	60 (6)	12.5 (1)

Other structures included in many of the diagnostic algorithms for melanoma, such as the blue-white veil and radial streaming, were less common in our series. The blue-white veil was observed in 22% of lesions, and was more common in invasive melanomas than in melanomas in situ. This veil has been described as being highly specific for melanoma,<sup>5</sup> but it may also be seen in other nonmelanocytic lesions such as basal cell carcinoma.<sup>22,23</sup> Furthermore, the proportion of lesions exhibiting this sign varies considerably from

one study to the next, suggesting possibly that it is a somewhat subjective marker, characterized by high interobserver variability and a lack of reproducibility.<sup>5,10,12</sup> Nevertheless, it is important to correctly interpret this sign, as it has been particularly linked to invasive melanomas. Radial streaming was uncommon in our series, and the projections were irregularly distributed in all cases. Most cases were observed in superficial spreading melanomas. Radial streaming and pseudopods are an important dermoscopic finding for the

**Table 5** Epidemiological, Clinical, Histologic, and Dermoscopic Features of Melanoma in Situ and Invasive Melanoma.

	Melanoma in Situ	Invasive Melanoma	Statistical Significance
<b>Sex</b>			<i>P</i> = .492
Male	37.2% (19)	44.3% (67)	
Female	58.8% (30)	55.6% (84)	
<b>Tumor site</b>			
Scalp	2 (20%)	8 (80%)	
Face	20 (38.5%)	32 (61.5%)	
Neck	3 (60%)	2 (40%)	
Chest	2 (20%)	8 (80%)	
Abdomen	0	10 (100%)	
Back	13 (24.5%)	40 (75.5%)	
Upper extremities	3 (15%)	17 (85%)	
Lower extremities	6 (23.1%)	20 (76.9%)	
Soles	0	3 (60%)	
Nails	0	5 (100%)	
Other	0	6 (100%)	
<b>Sunburn</b>			<i>P</i> < .05
Yes	69.3% (34)	57% (86)	
No	30.6% (15)	43% (65)	
<b>Histologic subtype</b>			
Superficial spreading melanoma	49% (24)	66.8% (101)	
Lentigo maligna melanoma	51% (25)	17.2% (26)	
Nodular melanoma	0	6.6% (10)	
Acral lentiginous melanoma	0	5.2% (8)	
Other	0	3.9% (6)	
<b>Color</b>			
Black	34.7% (17)	47.7% (72)	
Dark brown	87.8% (43)	94.7% (143)	
Light brown	89.8% (4)	85.4% (129)	
Blue-gray	40.8% (20)	76.2% (115)	<i>P</i> < .05
White	16.3% (8)	30.5% (46)	<i>P</i> < .05
Red	14.3% (7)	34.4% (52)	<i>P</i> < .05
<b>Global pattern</b>			
Reticular	28.5% (14)	14.5% (22)	<i>P</i> < .05
Globular	2% (1)	2% (3)	
Homogeneous	4.1% (2)	7.9% (12)	<i>P</i> < .05
Starburst	2% (1)	2% (3)	
Parallel	0	2.6% (4)	
Multicomponent	14.3% (7)	39.7% (60)	<i>P</i> = .001
Nonspecific	10.2% (5)	17.2% (26)	<i>P</i> = .238
<b>Dermoscopic structures</b>			
Atypical pigment network	44.8% (22)	59% (89)	
Irregular dots and globules	30.6% (15)	48.3% (73)	<i>P</i> < .05
Irregular projections/pseudopods	8.2% (4)	13.2% (20)	
Irregular pigment stains	8.2% (4)	30.5% (46)	<i>P</i> < .05
Blue-white structures	30.6% (15)	69.4% (101)	<i>P</i> < .05
White areas	16.3% (8)	20.5% (31)	
Homogeneous areas	20.4% (10)	43% (65)	<i>P</i> < .05
Blue-white veil	2% (1)	28.5% (43)	<i>P</i> < .05
White shiny structures	2% (1)	13.9% (21)	<i>P</i> < .05
Reverse network	4.1% (2)	11.3% (17)	

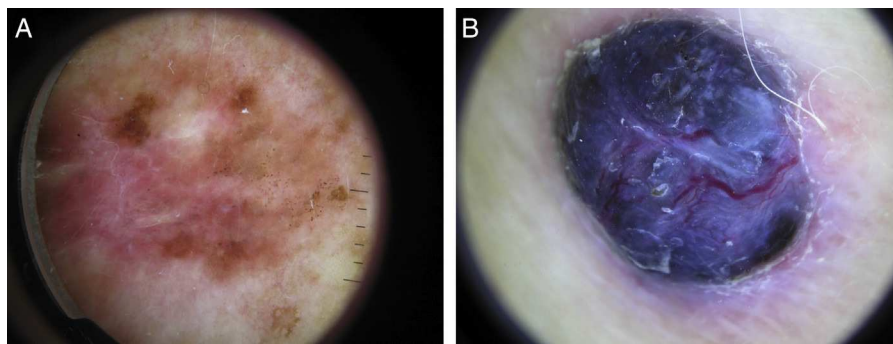
Table 5 (Continued)

	Melanoma in Situ	Invasive Melanoma	Statistical Significance
<i>Vascular structures</i>			
Milky-red areas	12.2% (6)	30.5% (46)	$P < .05$
Linear irregular vessels	8.2% (4)	21.2% (32)	$P < .05$
Dotted vessels	0	11.3% (17)	$P < .05$
Hairpin vessels	2% (1)	4.6% (7)	
Comma vessels	2% (1)	3.3% (5)	
Corkscrew vessels	0	4% (6)	

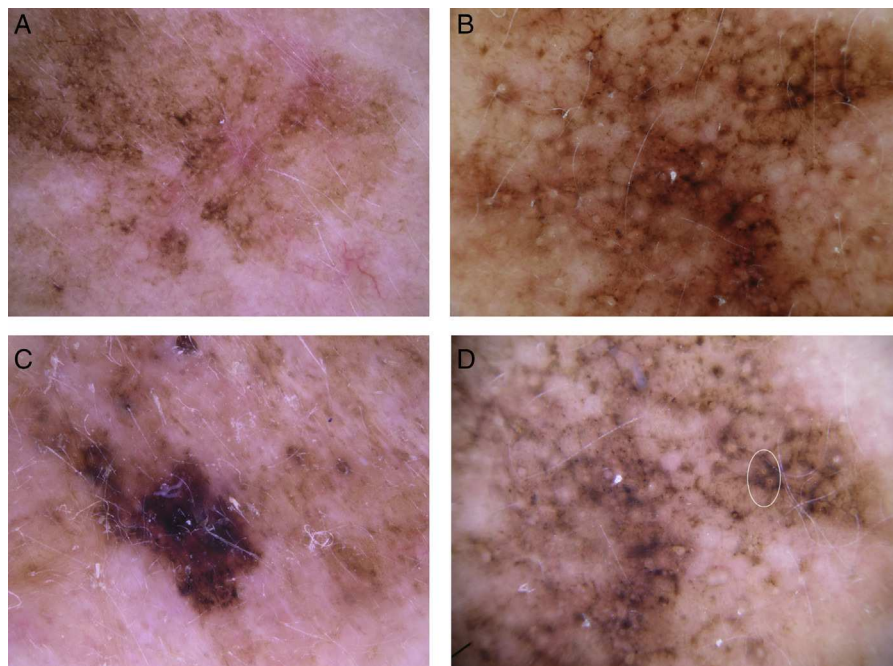
diagnosis of melanocytic lesions.<sup>11,21</sup> Regularly distributed projections at the periphery of the lesion, giving rise to what is known as the starburst pattern, are a characteristic feature of Reed/Spitz nevus, while irregular or asymmetric

projections are highly suggestive of melanoma in the radial growth phase.

Sixty percent of the melanomas in our series had vascular patterns (Fig. 3). Milky-red areas and linear irregular and

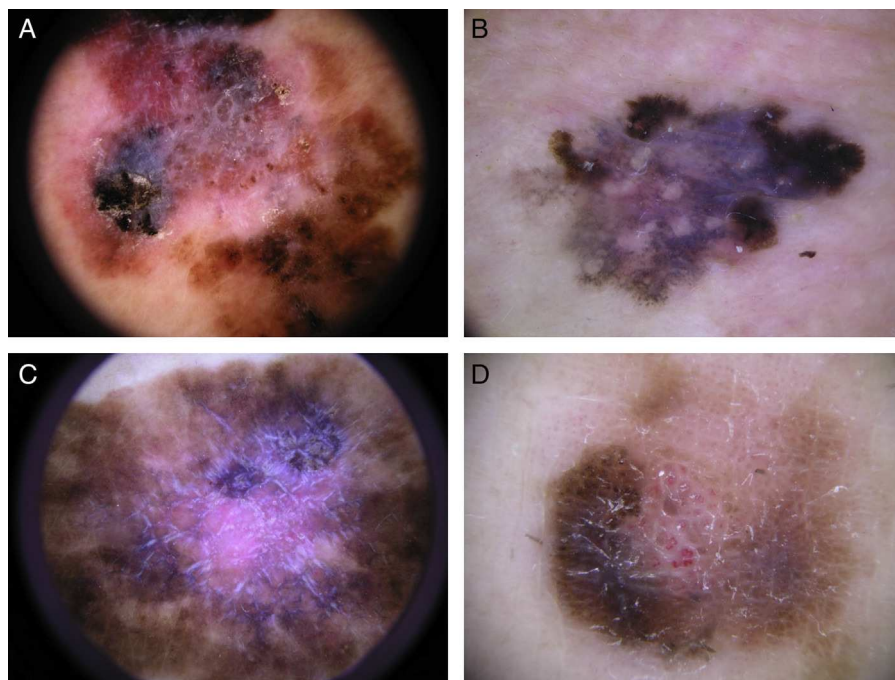


**Figure 3** Vascular structures. A, Milky-red areas corresponding to increased vascularization in an invasive melanoma. B, Large, linear irregular vessels in a nodular melanoma with a Breslow thickness of 2.9 mm.



**Figure 4** Typical dermoscopic features of lentigo maligna melanoma of the face. A, Asymmetrically pigmented follicular openings and annular-granular pattern. B, Rhomboidal structures. C, Homogeneous facial areas. D, Target structures corresponding to the invasion of the hair follicles by atypical melanocytes (ovoid).





**Figure 5** Several dermoscopic characteristics are more common in invasive melanoma than in melanoma in situ. A, Blue-gray, red, and white colors are more common in invasive melanoma. B, A blue-white veil in an invasive melanoma. C, White shiny structures. D, Reverse pigment network.

dotted vessels were more common in invasive melanomas than in melanomas in situ. All the vascular structures identified were more common in nodular and superficial spreading melanomas. Vascular structures can be difficult to identify and may be missed in more heavily pigmented lesions due to the presence of other structures. Dotted and linear irregular vessels are the most common vessels seen in melanomas, and invasive melanomas in particular.<sup>24,25</sup> The presence of these vessels, together with milky red areas, should raise suspicion of melanoma.

Melanoma of the face has several distinctive dermoscopic features not seen in other types of melanoma (Fig. 4).<sup>26-29</sup> In our series, at least 1 of the 4 Stolz criteria was present in 81% of LMMs. We did not detect any dermoscopic features associated with benign lesions, such as milia-like cysts, yellow opaque areas, or light brown fingerprint-like structures. Asymmetrically pigmented follicular openings were more common in melanomas in situ than in invasive melanomas of the face. Based on the Stolz progression model for LMM, these openings would be the earliest dermoscopic signs of facial melanoma. In the next stage, blue-slate-gray dots would join to form short lines that eventually form rhomboidal structures. Finally, atypical melanocytes would invade the hair follicles and the rhomboidal structures would become thicker and more prominent until the follicular openings were completely obliterated; this stage is viewed as homogenous pigment areas on dermoscopy.<sup>26</sup> The presence of a single Stoltz criterion is not sufficient for the diagnosis of malignancy, as these criteria can also be seen in benign lesions. Of the 4 criteria, asymmetrically pigmented follicular openings and rhomboidal structures have been

described as being more characteristic of LMM and are rarely found in other pigmented lesions.<sup>11,29</sup> Blue-gray dots may also be observed in other pigmented lesions of the face.<sup>28</sup> They correspond to areas of regression and can be found in all lesions that exhibit histologic regression. One distinguishing feature is that the annular-granular pattern and blue-gray dots tend to be more homogeneous and regular in these more "benign" lesions than in LMM. Additionally, these lesions do not have asymmetrically pigmented follicular openings or isobar structures, features that correspond to the invasion of hair follicles by atypical melanocytes. These dermoscopic findings may be useful for distinguishing between LMM and other pigmented lesions of the face.

Acral lentiginous melanoma was uncommon in our study. The most common global patterns were the parallel crest pattern in palmo-plantar melanoma and the linear irregular pattern in melanoma of the nail. Our findings are similar to previous reports of acral lentiginous melanoma in the literature.<sup>30</sup>

Several dermoscopic structures were more common in invasive melanomas than in melanomas in situ (Fig. 5). Blue-gray, red, and white colors, a combination of these colors, and the multicomponent pattern were more common in invasive melanomas than in melanomas in situ. The most common local dermoscopic finding in melanomas in situ was the atypical pigment network. All the other dermoscopic features were found in just a small proportion of melanomas in situ. Irregularly distributed dots and globules, white shiny structures, homogeneous areas, the reverse pigment network, white-blue structures, the blue-white veil,

and vascular patterns and structures were more common in invasive melanomas than in melanomas in situ.

One of the limitations of this study is a possible lack of objectivity in interpreting the dermoscopic findings as this was a retrospective study in which there was a known histologic confirmation of melanoma in all cases. Furthermore, some lesions that were not examined by dermoscopy prior to surgical excision and histologic study (because of a low or nonexistent suspicion of melanoma) may have been excluded.

In conclusion, dermoscopy permits the visualization of structures that can facilitate the clinical diagnosis of pigmented lesions. While melanoma must always be confirmed histologically, we identified certain dermoscopic features that were more common in invasive melanomas than in melanomas in situ that could be used as a complementary diagnostic tool.

## Ethical Disclosures

**Protection of humans and animals.** The authors declare that no tests were carried out in humans or animals for the purpose of this study.

**Confidentiality of data.** The authors declare that they have followed their hospital's protocol on the publication of data concerning patients and that all patients included in the study have received sufficient information and have given their consent.

**Right to privacy and informed consent.** The authors declare that no private patient data appear in this article.

## Conflicts of Interest

The authors declare that they have no conflicts of interest.

## References

- Nachbar F, Stolz W, Merkle T, Cognetta AB, Vogt T, Landthaler M, et al. The ABCD rule of dermatoscopy. High prospective value in the diagnosis of doubtful melanocytic skin lesions. *J Am Acad Dermatol.* 1994;30:551–9.
- Pizzichetta M, Talamini R, Piccolo D, Argenziano G, Pagnanelli G, Burgdorf T, et al. The ABCD rule of dermatoscopy does not apply to small melanocytic skin lesions. *Arch Dermatol.* 2001;137:1376–8.
- Ascierto PA, Palmieri G, Celentano E, Parasole R, Caraco C, Daponte A, et al. Sensitivity and specificity of epiluminescence microscopy: Evaluation on a sample of 2,731 excised cutaneous pigmented lesions. The Melanoma Cooperative Study. *Br J Dermatol.* 2000;142:893–8.
- Saphier J. Die dermatoskopie. I. Mitteilung. *Arch Dermatol Syphilol.* 1920;128:1–19.
- Argenziano G, Soyer HP, Chimenti S, Talamini R, Corona R, Sera F, et al. Dermoscopy of pigmented skin lesions: Results of a consensus meeting via the Internet. *J Am Acad Dermatol.* 2003;48:679–93.
- Mackie RM, Bray CA, Leman JA. Effect of public education aimed at early diagnosis of malignant melanoma: Cohort comparison study. *BMJ.* 2003;326:367.
- Garbe C, McLeod GR, Buettner PG. Time trends of cutaneous melanoma in Queensland, Australia and Central Europe. *Cancer.* 2000;89:1269–78.
- Sáenz S, Conejo-Mir J, Cayuela A. Epidemiología del melanoma en España. *Actas Dermosifiliogr.* 2005;96:411–8.
- Salopek TG, Kopft AW, Stefanato CM, Vossaer K, Silverman M, Yadav S. Differentiation of atypical moles (dysplastic nevi) from early melanomas by dermoscopy. *Dermatol Clin.* 2001;19:337–445.
- De Troya-Martín M, Blázquez-Sánchez N, Fernández-Canedo I, Frieyro-EliceGUI M, Fúnez-Liébaná R, Rivas-Ruiz F. Estudio dermoscópico del melanoma maligno cutáneo: análisis descriptivo de 45 casos. *Actas Dermosifiliogr.* 2008;99:44–53.
- Zaballos P, Carrera C, Puig S, Malveyh J. Criterios dermoscópico para el diagnóstico de melanoma. *Med Cutan Iber Lat Am.* 2004;32:3–17.
- Gamo Villegas R. Características dermoscópicas de las lesiones melanocíticas en el síndrome del nevus con atipia en diferentes áreas anatómicas y de los melanomas en tronco y extremidades inferiores. In: Malveyh Guilera J, López de Estebanz JL, Villegas Martínez A, directores. Tesis doctoral. Madrid: Universidad Complutense de Madrid, Facultad de Medicina, Departamento de Medicina Interna; 2010.
- Soyer H, Argenziano G, Chimenti S, Menzies SW, Perhambberger H, Rabinovitz H, et al. Dermoscopy of pigmented skin lesions. An atlas based on the Consensus Net Meeting on Dermoscopy 2000. Milan: Edra Medical Publishing and New Media; 2001.
- Soyer HP, Argenziano G, Hofmann-Wellenhof R, Johr R. Color atlas of melanocytic lesions of the skin. New York: Berlin Heidelberg Springer; 2007.
- Argenziano G, Kittler H, Ferrara G, Rubegni P, Malveyh J, Puig S, et al. Slow-growing melanoma: A dermoscopy follow-up study. *Br J Dermatol.* 2010;162:267–73.
- Menzies S, Ingvar C, Crotty K, McCarthy W. Frequency and morphologic characteristics of invasive melanomas lacking specific surface microscopic features. *Arch Dermatol.* 1996;132:1178–82.
- Fikrle T, Pizinger K. Dermoscopic differences between atypical melanocytic naevi and thin malignant melanomas. *Melanoma Res.* 2006;16:45–50.
- Braun RP, Gaide O, Oliviero M, Kopf AW, French LE, Saurat JH, et al. The significance of multiple blue-grey dots (granularity) for the dermoscopic diagnosis of melanoma. *Br J Dermatol.* 2007;157:907–13.
- Zalaudek I, Argenziano G, Ferrara G, Soyer HP, Corona R, Sera F, et al. Clinically equivocal melanocytic skin lesions with features of regression: A dermoscopic-pathological study. *Br J Dermatol.* 2004;150:64–71.
- Massi D, de Giorgi V, Carli P, Santucci M. Diagnostic significance of the blue hue in dermoscopy of melanocytic lesions: A dermoscopic-pathologic study. *Am J Dermatopathol.* 2001;23:463–9.
- Malveyh J, Llambich A, Puig S. Signos guía en el diagnóstico diferencial en dermatoscopia. *Piel.* 2003;18:85–91.
- Puig S, Cecilia N, Malveyh J. Dermoscopic criteria and basal cell carcinoma. *G Ital Dermatol Venereol.* 2012;147:135–40.
- Malveyh J, Puig S. Principios de dermatoscopia. Barcelona: CEGE editores; 2002.
- Pizzichetta M, Talamini R, Stanganelli I, Puiddu P, Bono R, Argenziano G, et al. Amelanotic/hypomelanotic melanoma: Clinical and dermoscopic features. *Br J Dermatol.* 2004;150:1117–24.
- Menzies S, Kreuzsch J, Byth K, Pizzichetta M, Marghoob A, Braun R, et al. Dermoscopic evaluation of amelanotic and hypomelanotic melanoma. *Arch Dermatol.* 2008;144:1120–7.
- Schiffner R, Schiffner-Rohe J, Vogt T, Landthaler M, Wlotzke U, Cognetta AB, et al. Improvement of early recognition of

- lentigo maligna using dermoscopy. *J Am Acad Dermatol.* 2000;42:25–32.
27. Cagnetta A, Stolz W, Katz B, Tullos J, Gossain S. Dermoscopy of lentigo maligna. *Dermatol Clin.* 2001;19:307–18.
  28. Tanaka M, Sawada M, Kobayashi K. Key points in dermoscopic differentiation between lentigo maligna and solar lentigo. *J Dermatol.* 2011;31:53–8.
  29. Pralong P, Bathelier E, Dalle S, Poulalhon N, Debarbieux S, Thomas L. Dermoscopy of lentigo maligna melanoma: Report of 125 cases. *Br J Dermatol.* 2012;167:280–7.
  30. Phan A, Dalle S, Touzet S, Ronger-Savlé S, Balme B, Thomas L. Dermoscopic features of acral lentiginous melanoma in a large series of 110 cases in a white population. *Br J Dermatol.* 2010;162:765–71.