Salmon Patch: a Descriptive Study

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Manuscript received February 19, 2010; accepted for publication June 10, 2010

KEYWORDS
Venous malformation;
Vascular birthmarks;
Salmon patch;
Neonates;
Nevus flammeus;
Newborn infants

Abstract
Background and objectives: Salmon patch is a congenital venous malformation that usually affects the midline. Although it is very common, few studies have analyzed its prevalence or predisposing factors. The aim of this study was to determine the prevalence and clinical characteristics of salmon patch in a group of newborn infants from a health care area in northwest Spain and to assess its association with neonatal and maternal variables.

Patients and methods: A descriptive study was undertaken of live newborn children seen in the neonatal unit of the Department of Pediatrics at Hospital Arquitecto Marcide, Ferrol, Spain between May 1, 2008 and January 31, 2009. The study protocol included collection of data on neonatal variables (including gestational age, sex, ethnic origin, weight, and presence and anatomical site of salmon patch) and maternal variables (including age and number of previous pregnancies).

Results: Of the 600 newborn infants included in the study, 59% had salmon patches. The most commonly affected sites were the nape of the neck (226 infants, 37.6%) and eyelids (211 infants, 35.1%). In a number of cases, more than one part of the body was affected. There was a higher prevalence of salmon patch in full-term or post-term births, in girls, white children, heavier children, and infants born to mothers aged between 30 and 34 years or who had not been pregnant previously.

Conclusions: Salmon patch occurred most frequently on the nape of the neck, the eyelids, and the glabella. Its prevalence was associated with certain neonatal and maternal factors. © 2010 Elsevier España, S.L. and AEDV. All rights reserved.

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Introduction

Salmon patch is a congenital venous malformation that predominantly affects the midline. It is also known as nevus flammeus neonatorum, nevus simplex, midline nevus flammeus, Unna nevus, nuchal rash or nuchal telangiectatic nevus, stork bite, and angel’s kiss.1,2

Clinically, salmon patches present as irregular pink or reddish macules that may or may not be confluent. They blanch under pressure and are made more visible by crying, breath holding, fever, and changes in environmental temperature. They are usually transient and disappear within the first 2 years of life. However, almost half of those located on the nape of the neck or sacral region and a small proportion of those located on the glabella persist.2,3

Although salmon patch is a very common malformation, few studies have addressed its frequency and the factors that predispose to its appearance.4 The aim of this study was to determine the prevalence and localization of salmon patch in newborn infants in our health care area and to assess the potential relationship with neonatal and maternal variables.

Patients and Methods

A descriptive study was performed of newborn infants seen in the neonatal clinic of the Department of Pediatrics at Hospital Arquitecto Marcide in Ferrol, Spain between May 1, 2008 and January 31, 2009. All infants born in hospital in the health care area of Ferrol are seen in this clinic within the first 72 hours of life.

In each case, the following data were collected on the infant (a) and the mother (b) according to a defined protocol: a) gestational age, sex, ethnicity or geographic origin of the parents, birthweight, and the presence and localization of salmon patch (subdivided into glabella, eyelid, nasal dorsum, supralabial region, nape of the neck, back, and sacral region); and b) age and number of previous pregnancies.

Diagnosis of salmon patch was based on typical appearance and localization: irregular pinkish macules close to the midline. Data on quantitative variables were divided into groups: a) gestational age of less than 37 weeks (preterm), between 37 and 41 weeks (term), and 42 or more weeks (post-term); b) birthweight up to 2500 g (low), between 2501 and 3999 g (normal), and 4000 g or more (high); maternal age up to 29 years, between 30 and 34 years, and 35 years or older; and 0, 1, or 2 or more previous pregnancies.

Qualitative variables were expressed as percentages. $\chi^2$ test was used to compare categorical variables. Data were analyzed using the SPSS statistical software package version 15.0. A cutoff of $P<.05$ was set for statistical significance.

Results

Six hundred neonatal infants were seen during the 9-month study period. Table 1 shows the prevalence and anatomical distribution of salmon patch according to sex. Salmon patch was observed in 354 newborn infants (59%). Girls had salmon patches in 62.7% of cases and boys in 55.7%.

The most commonly affected sites were the nape of the neck (226 newborns, 37.6%) and the eyelids (211 newborns, 35.1%). In many cases, multiple sites were affected.
Table 2 shows the frequency of salmon patch according to gestational age, sex, ethnicity or geographic origin of the parents, birthweight, maternal age, and number of previous pregnancies. Salmon patch was more prevalent in term and post-term newborns, girls, white infants, infants with a higher birthweight, and in children born to mothers aged between 30 and 34 years and with no previous pregnancies. The differences were only statistically significant, however, for the number of previous pregnancies (P < .05).

Table 1 Prevalence and Anatomical Distribution of Salmon Patch According to Sex

<table>
<thead>
<tr>
<th>Site</th>
<th>Boys</th>
<th>Girls</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>n</td>
<td>%</td>
<td>n</td>
</tr>
<tr>
<td>Total</td>
<td>321</td>
<td>53.5</td>
<td>279</td>
</tr>
<tr>
<td>Total with salmon patch</td>
<td>179</td>
<td>55.7</td>
<td>175</td>
</tr>
<tr>
<td>Nape of the neck</td>
<td>110</td>
<td>34.2</td>
<td>116</td>
</tr>
<tr>
<td>Eyelid</td>
<td>112</td>
<td>34.8</td>
<td>99</td>
</tr>
<tr>
<td>Glabella</td>
<td>33</td>
<td>10.2</td>
<td>34</td>
</tr>
<tr>
<td>Nasal dorsum</td>
<td>6</td>
<td>1.8</td>
<td>5</td>
</tr>
<tr>
<td>Supralabial region</td>
<td>1</td>
<td>0.3</td>
<td>7</td>
</tr>
<tr>
<td>Sacral region</td>
<td>1</td>
<td>0.3</td>
<td>4</td>
</tr>
<tr>
<td>Back</td>
<td>0</td>
<td>0</td>
<td>2</td>
</tr>
</tbody>
</table>

Table 2 Occurrence of Salmon Patch According to Different Variables

<table>
<thead>
<tr>
<th>Group</th>
<th>No.</th>
<th>Sex</th>
<th>Ethnicity or GOP</th>
<th>Maternal Age, y</th>
<th>Previous Pregnancies</th>
<th>Gestational Age, wk</th>
<th>Birthweight</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Male</td>
<td>Female</td>
<td>White</td>
<td>Non-white</td>
<td>≤29</td>
<td>30-34</td>
</tr>
<tr>
<td>SP</td>
<td>354</td>
<td>179</td>
<td>175</td>
<td>329</td>
<td>25</td>
<td>157</td>
<td>128</td>
</tr>
<tr>
<td>No SP</td>
<td>246</td>
<td>142</td>
<td>104</td>
<td>220</td>
<td>26</td>
<td>115</td>
<td>73</td>
</tr>
<tr>
<td>Total</td>
<td>600</td>
<td>321</td>
<td>279</td>
<td>549</td>
<td>51</td>
<td>272</td>
<td>201</td>
</tr>
<tr>
<td>%</td>
<td>59</td>
<td>55.7</td>
<td>62.7</td>
<td>59.9</td>
<td>49</td>
<td>57.7</td>
<td>63.7</td>
</tr>
<tr>
<td>χ²</td>
<td>2.990</td>
<td></td>
<td></td>
<td>2.295</td>
<td></td>
<td>3.150</td>
<td></td>
</tr>
<tr>
<td>P</td>
<td>.084</td>
<td></td>
<td></td>
<td>.130</td>
<td></td>
<td>.207</td>
<td></td>
</tr>
</tbody>
</table>

Abbreviations: GOP, geographical origin of the parents; SP, salmon patch.
that salmon patch was more frequent in infants from mothers with no previous pregnancies differs from the findings of other studies in which a lower frequency of salmon patch was observed in first pregnancies.16

In summary, we observed salmon patch in 59% of newborn infants from a total of 600 live births. The majority of lesions were located on the nape of the neck, the eyelids, and the glabella. There was a higher prevalence of salmon patch in term and post-term infants, girls, and white infants, in those with a heavier birthweight, and in infants born to mothers with no previous pregnancies and who were aged between 30 and 34 years.

Conflict of Interest

The authors declare that they have no conflict of interest.

References